



## Writing to Transplant Recipients

The decision to write to recipients is a very personal one. You might not be ready to write to the recipients at this time. There is no time limit for sending a letter. However, the sooner correspondence is sent, the more likely the recipient can be located and will receive the letter.

All correspondence is anonymous and identities are kept confidential to protect the privacy of both families. If your loved one was an organ donor, you do not need to wait to write to recipient(s). You may send a greeting card, letter, or photos. If your loved one was a tissue donor, it may take up to five years before the tissue is transplanted.

Your card or letter must be mailed to Lifesharing, and then forwarded to the recipient(s)

### Tips for the Letter-Writing Process:

- Share General Information
  - Your loved one's **FIRST NAME** only
  - Your loved one's interests, hobbies, etc.
  - A favorite memory
  - Photos
- Only write information you are comfortable sharing.
- Details about medical information or cause of death should be avoided.
- To ensure confidentiality, please only use **FIRST NAMES**.
- Do not reveal any other details regarding home or contact information.

transplant center, please allow extra time for it to arrive. Be patient, it may take a few weeks for the recipient to receive your letter.

You should also know that you may not hear from the recipient. But we do know that recipients appreciate hearing from donor families and are grateful for the Gift of Life.

### Questions:

If you have any questions or concerns, please contact a Lifesharing Family Services Specialist at [familyservices@lifesharing.org](mailto:familyservices@lifesharing.org) or 619-543-7225

### Mailing your letter:

Please send your correspondence and contact information to the Family Services Department.

**LIFESHARING**  
c/o Family Services  
7436 Mission Valley Road

